

Translation of the Book entitled “Kung Fu TOA in Germany”
(Twelfth Chapter)

A number of known TOA masters and Champions in Iran



Philosophy of TOA, Warming up and strengthening the muscles and joints without using fitness equipment, standing positions in TOA, elaboration of significant defense and attack techniques of hands and legs, body hardening in TOA, self-defense, sparring and cold weapons in TOA.

Also, in this book one will read the first, second, and third forms (Steps) of TOA called Ana-Toa, Ata-Do, and Su-To respectively. At last all 702 Kicks in the 7 forms (Steps) of TOA with the striking directions are listed.

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Translator: Bagher Shaker**

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This book is the very result of years of exercise, experience, learning under the supervisions of masters and veterans of TOA and others Martial Artistes and years of research and study of related books. As a result, the author collected his whole knowledge in the current book but do not bear any responsibilities on the usage of its content.

**The current book was written in Germany in 2004
and was translated to Persian a year after in 2005.
This book was translated to English in 2013.**

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To: my wife, parents, brother, sister, and all martial arts enthusiasts

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Chapter twelve

Some of the most famous masters and champions of TOA Martial Art in Iran

At the end, I would like to extend my very gratitude to all Iranian masters whose names are mentioned below and also other masters who made all their attempts in Iran and all parts of the world to revive martial art of TOA.

Masters;

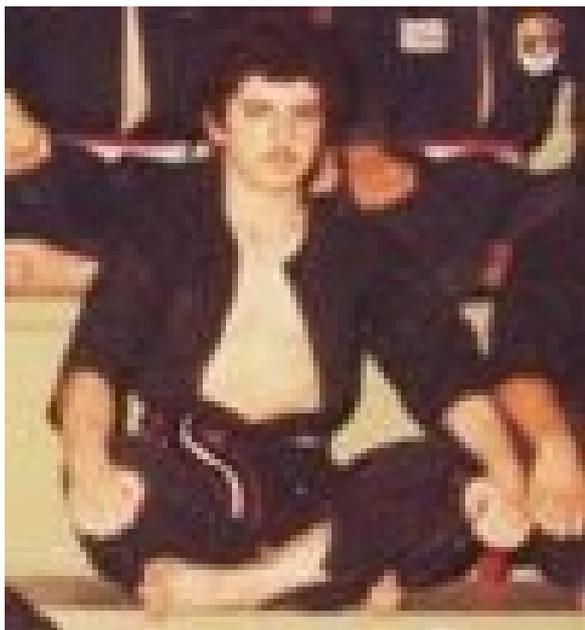
Mostafa Jalilzadeh, LATE Reza Aghiri, Hadi Minaie, Hossain Mardi, Firooz Habibpour, Hoshang Habibpour, Hossein Dadashi, Master Salami, Kamran Bahri, Master Poorasl, Mohammad Hoseinmardi, Reza Jodaki, Masood Borhani, Masood Khaleghi, Mir Saeed Ghazi, Mostafa Dehghanian, Mohammad R. Pourgholaminejad, Kamran Geraminjad, Kamran Deheshjo, Akbar Sasanian, Hassan Hoseinmardi, Hossein Hazrati, Parvis Khodainia, Davood Samavat, Babak Kavousi, Masood Khazanedar, Ali Gharihaghighat, Ali Vahabi, Ali Rahimifard, Naser Nejat, Mansour Najafi, Mohammad Davarzani, Hadi Khayyatzadeh, Hamid Ajirnia, Reza Ramezani, Kavos Jahanbiglui, Zia Asadolahi, Reza Heidari, Mohammad Gheshmi Bakht, Reza Ahmadi, Hosein Bahador, Hamid Reza Ghasemi, Majid Mehdizadeh, Bijan Layeghi, Bahman Saba, Aziz Hajmohammadi, Siavash Ghadyani, Shahin Mohammadi, Yavar Javanmard, Bagher Mohammadi, Clement Hormozian, Reza Keshani, etc.

The right row from front to back: Masters Hosein Dadashi, Mostafa Jalilzadeh, Kamran Bahri, Masood Borhani, Ali Gharihaghighat

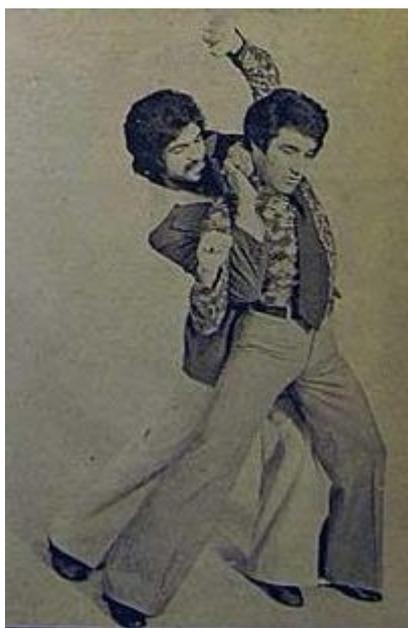
The left row from front to back: Masters Firooz Habibpour, Reza Aghiri, Mohammad Pejman, Hoshang Habibpour, Shahram Kasiri



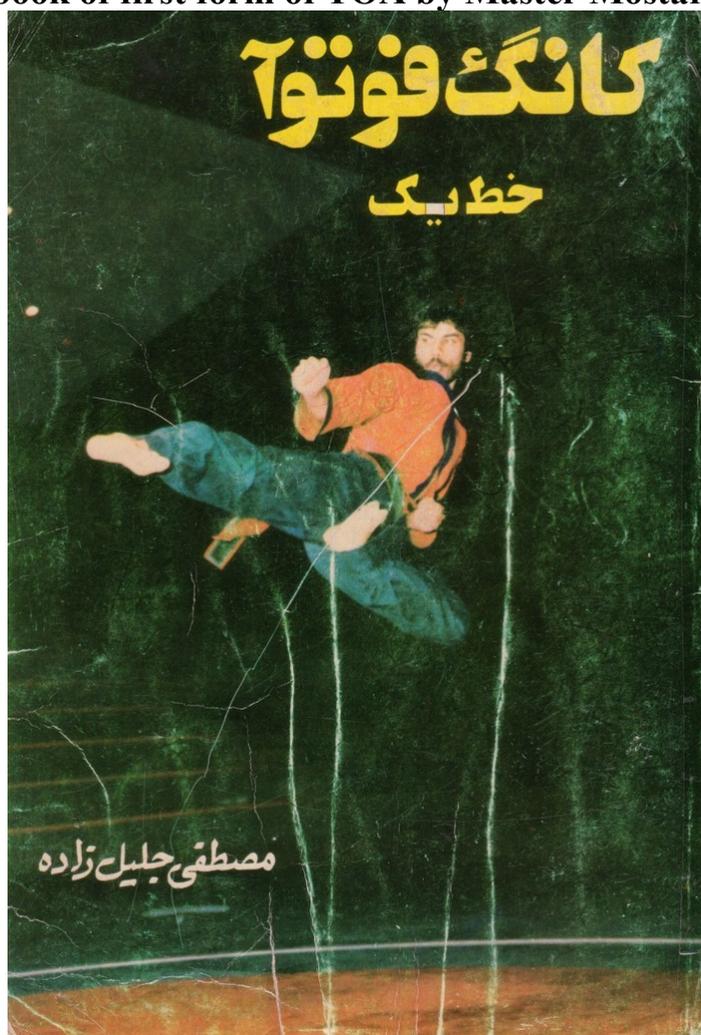
Master Hadi Minaie



Master Hossein Mardi



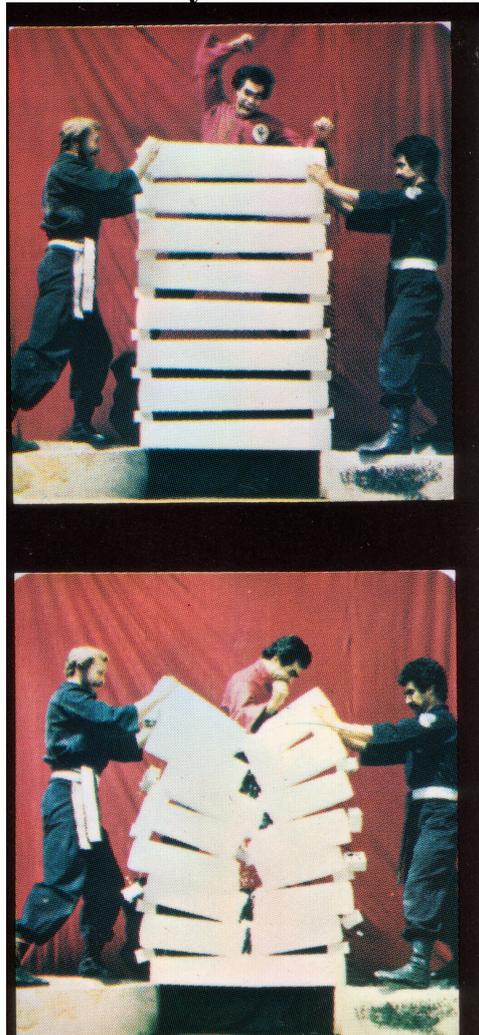
1980 - the book of first form of TOA by Master Mostafa Jalilzadeh



1980 – “Bonken” by master Firooz Habibpour in Tehran – Iran



1980 – “Bonken” by Master Hossein Dadashi



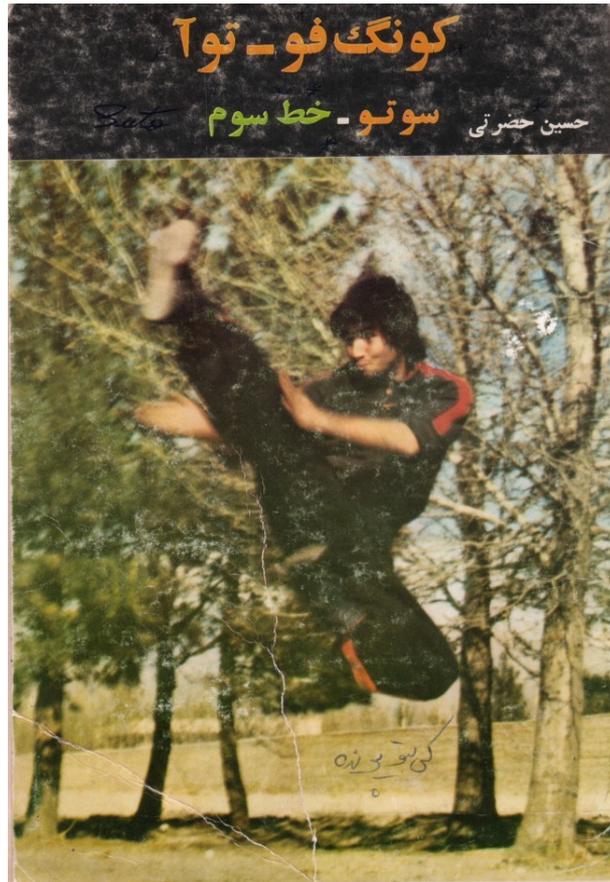
1980 - late Master Reza Aghiri, while training in his own School in Tehran



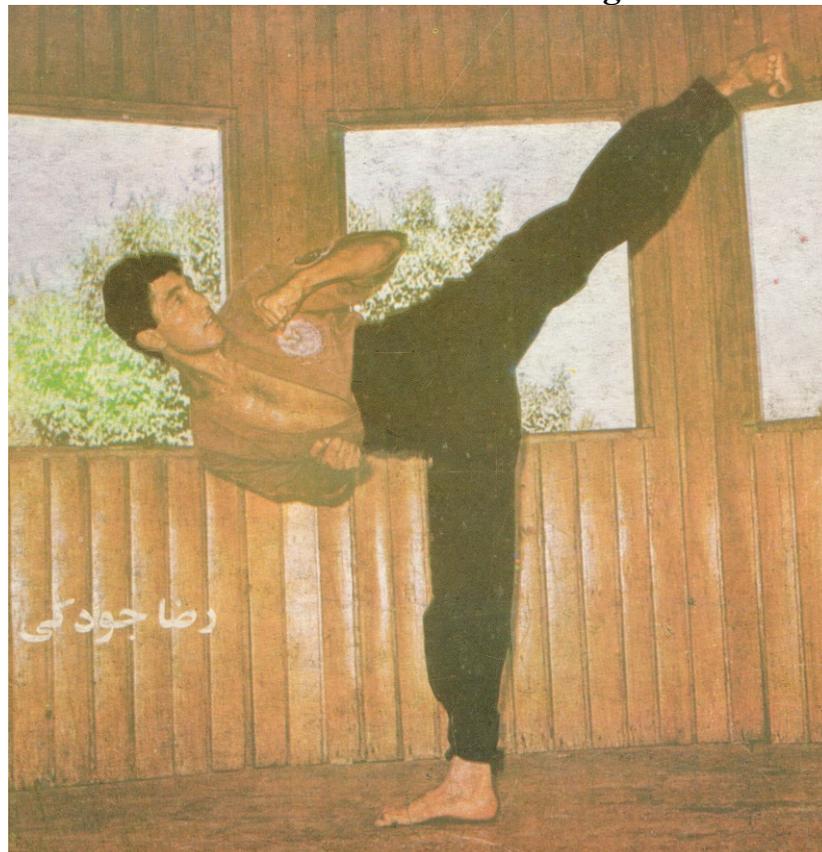
1982 - Master Salami by TOA Presentation in Tabriz – Iran



1981- Master Hossein Hazrati



1982 - Master Reza Jodaki in Gorgan – Iran



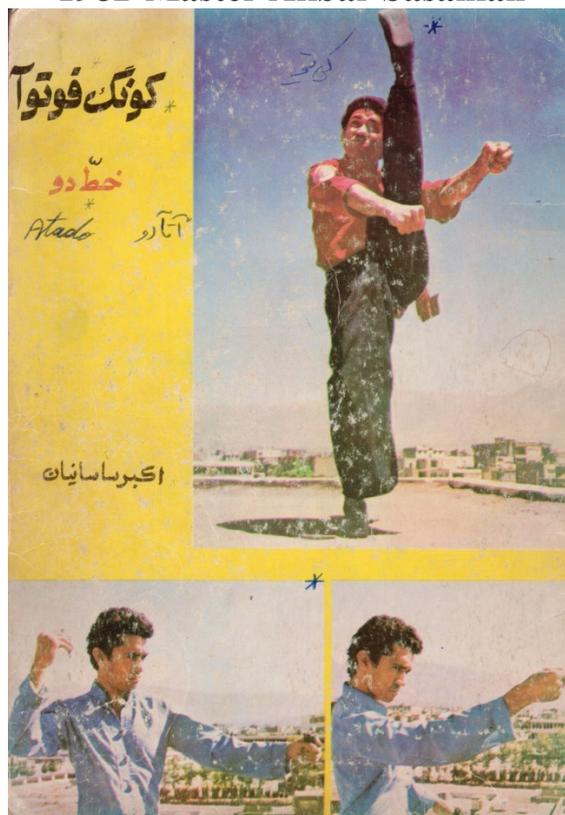
1982 - Master Mostafa Dehghanian in Karaj – Iran



1987 – “Bonken” by Master Mohammad Poorgholami



1982-Master Akbar Sasanian



1980 - Master Parviz Khodainia and Master Mir Saeed Ghazi



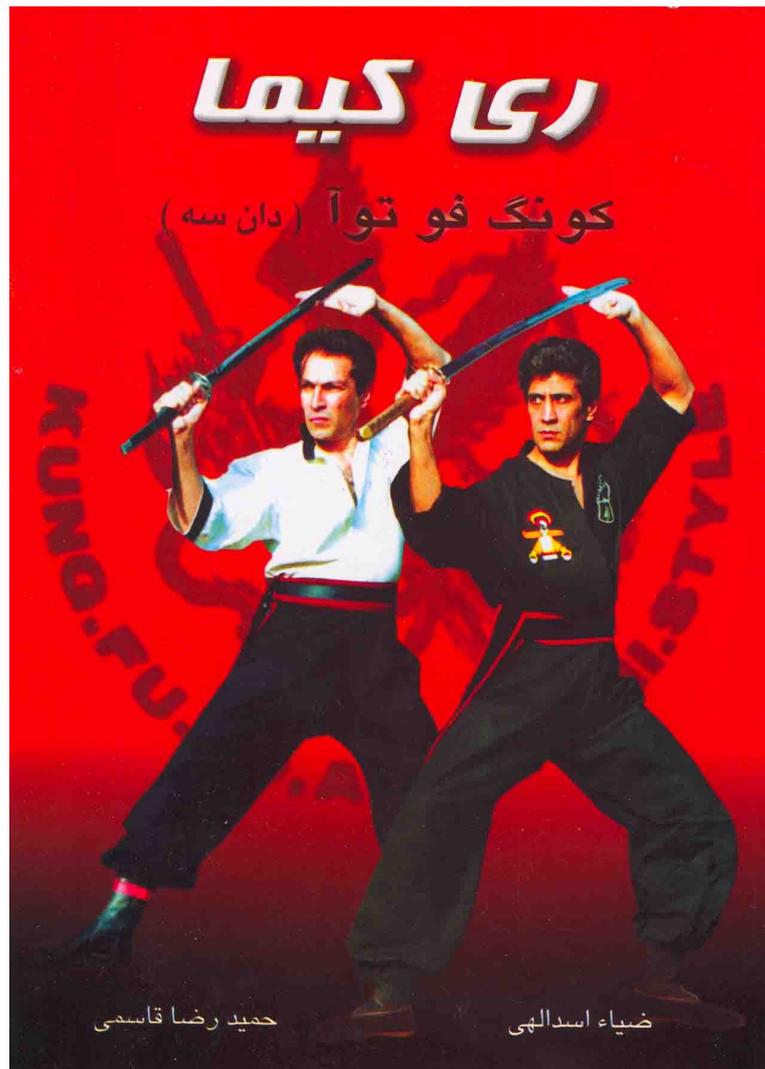
1987 - Master Masood Khaleghi and Master Kamran Geraminejad



Master Hassan Hosseinmardi



**2003 - Master Zia Asadollahi and Master Hamid Reza Ghasemi,
Members of TOA technical committee of Iran**



Master Aziz Haj mohammadi (Ghazvin - Iran)



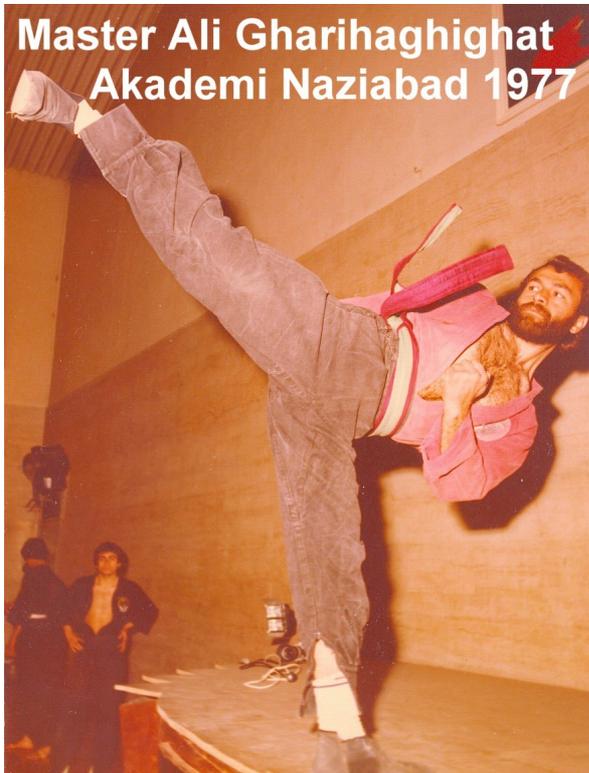
1980 - Master Mohammad Hosseinmardi



Master Reza Ramezani



**Master Ali Gharihaghighat
Akademi Naziabad 1977**



Master Hamid Ajirnia



Master Ali Rahimi fard - member of Technical Committee



Master Babak Kavousi

Master Babak Kavousi IRAN 1979



Master Reza Heidari, TOA office Chairman in Iran



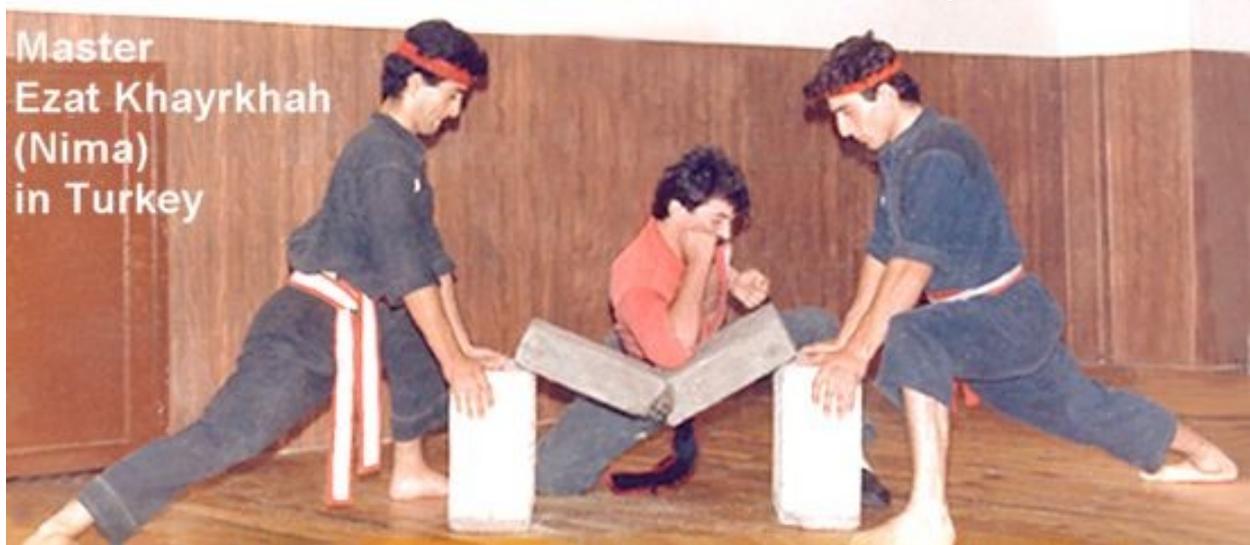
Master Ali Vahabi



Master Davood Samavat



Master Ezat Kheirkhah (Nima) in Turkey



Master Clement Hormozian (Germany)



Master Majid Mehdizadeh, Member of TOA technical committee in Iran



Master Morteza Abedi, a member of technical committee of TOA in Iran



Master Naser Nejat (Gorgan - Iran)



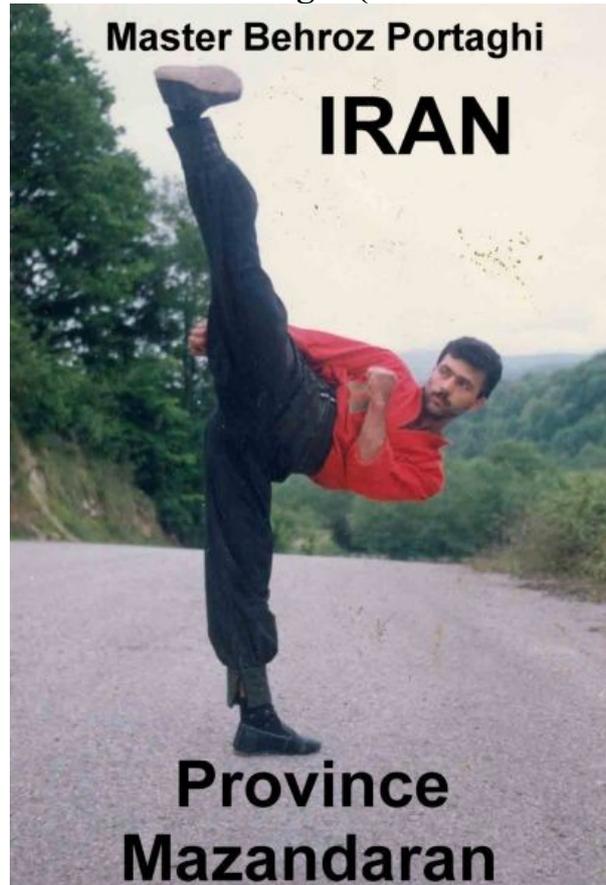
Master Reza Ahmadi (Gorgan - Iran)

Master Reza Ahmadi
آموزش کونگه فو توآ
هنر رزمی اصیل و ایرانی

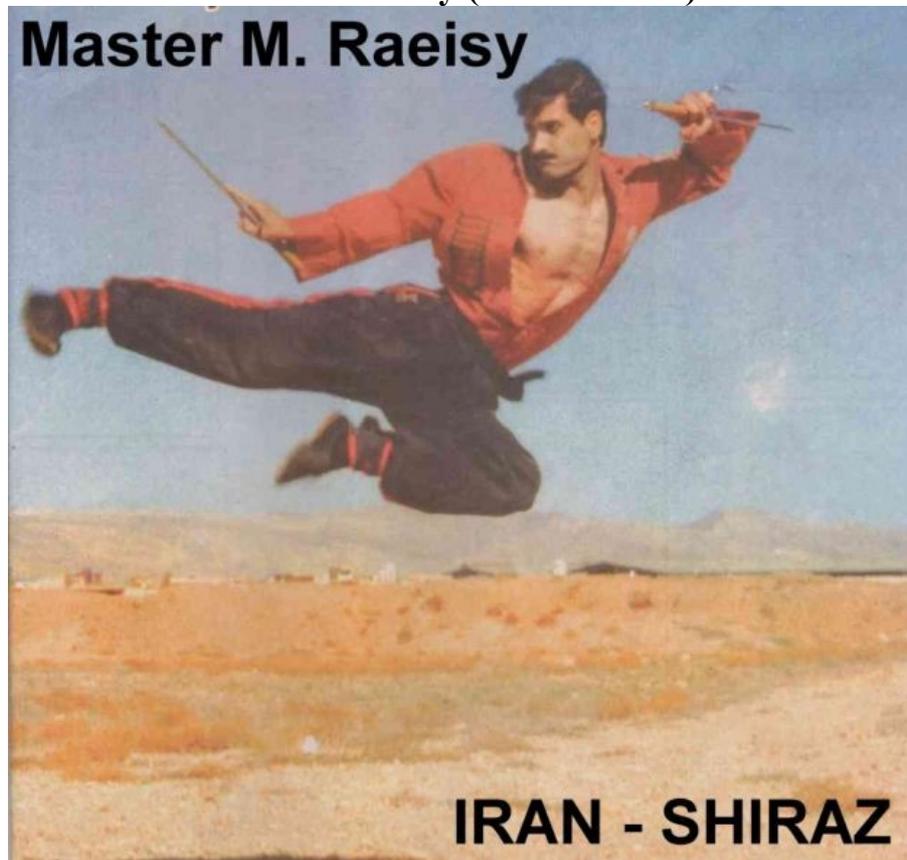
Gorgan (Iran) تحت نظر راهدان: رضا احمدی
مربی تحت پوشش: محمدرضا سلیمانی
موارد آموزش: یوگا، ممای (تکنیک)، بن کن (شکستن اجسام)، مایانا (مبارزه)

آدرس: گرگان، خ ولیعصر، جنب بیمارستان دکتر موسوی، باشگاه شین تو
زمان: روزهای زوج، عصرها
تلفن: ۰۹۱۱۷۷۱۹۳۳

Master Behroz Pourtaghi (Mazandaran - Iran)



Master Raeisy (Shiraz - Iran)



Master Mehdi Abdollahi Pour and Master Hesam Azami



TOA national Team of Iran in Technique (Momay)

Mehdi Nasirabadi - Amir Akbari - Alireza Farshid - Parviz Darvishi



Master Zia Asadollahi - national team's coach in technique (Musical form)



Iran's national team in Mayana (competition) - 2011



Master Bagher Mohammadi, TOA National team's coach and members of national team Mayana (competition) - 2012



Master Yavar Javanmard (Karaj - Iran)



Master Mansoor Najafi (Norway)



Master Ali Honarjoo (Ahvaz – Iran)



Master Mohammad Soltani (Isfahan - Iran)



“Double Sticks” national team of Iran (Master Ghaffary Azar)



2010 - Master Ghaffary azar (Double Sticks) & Master Shirejpour (Gilma)



Young masters and coaches of TOA in Iran - 2011



Appendix One

WUTA (World Union of TOA Associations)

Generally speaking, since there have not been written enough articles on TOA, Martial art of Iran, in Europe not so many people are familiar with this martial art. However, a new book entitled “**The way of Warrior**” was written in London in 2010.

In this book all martial arts (even with 7 or 8 years of history) are introduced. However, unfortunately there has not been any mention of “Kung Fu TOA” Martial Art of Iran. All researchers and historians all over the world rejected any connections of Kung Fu TOA with Iran and they believe it belongs to China.

Due to the above mentioned reasons and so many others which kept Kung Fu TOA of Iran from become known worldwide, people from 38 countries gathered in the historical city of Iran i.e. Isfahan in July 2010 so as to change the name of “Kung fu TOA” to “TOA”. This gathering was organized by Kung Fu federation of Iran. Also, in this gathering, different representatives from all over the world were chosen to propagate TOA, Iranian martial Art, in their countries. Not to mention, I was appointed as the TOA representative of Germany and also vice president of Europe.

Many thanks goes to the president of TOA and all his colleagues who managed to organize the annual congress and general assembly of TOA in Isfahan, international coaching and referring certification organized in National Olympic & Paralympics Academy of Tehran-Iran, the first world championship of TOA with the presence of 44 countries in Shiraz, and the second world championship in Kish Island.

Isfahan 2010 - presence of 38 countries in Annual congress and general assembly of WUTA



2010 Isfahan - from right to left-Master Asghar Vosoghi WUTA representative in Netherlands and the Chairman of Referring committee of WUTA, Mr. Bahram Afshar, secretary general of National Olympic Committee of Iran, Mr. Ali Montazeri, WUTA and TOA federation of Iran's President, Master Mostafa Jalilzadeh, WUTA representative in Canada and the Chairman of WUTA technical committee, Babak Tawasooli, WUTA representative in Germany and Vice President of WUTA in Europe



Tehran 2010 - Babak Tawasooli - Master Firooz Habibpour, TOA Veteran, Mr. Mahmoud Taleghani, Vice president of Kung Fu federation of Iran



Tehran 2010 - participation of 30 countries in the international coaching and referring certification course (National Olympic & Paralympic Academy of Tehran - Iran)

WUTA - Members from 30 Countries



Master Zia Asadollahi, My old and dear friend as of 1979

Master Zia Asadolahi, my old Friend and Hamrah since 1979



The first world championship of WUTA with the presence of 44 countries was organized in Iran

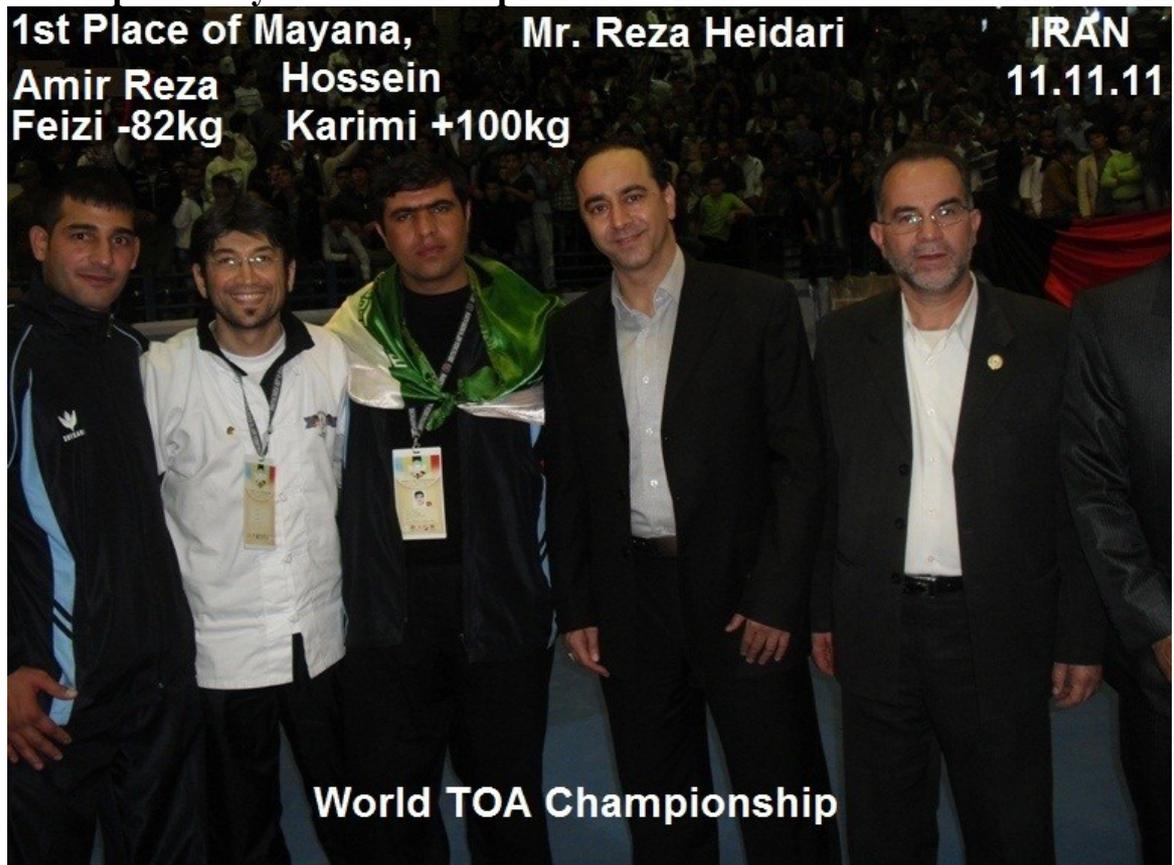
Taner Ucar - 82 kg 2nd Place of World TOA Championship Germany



TOA National team of Germany in the first world championship of TOA in Iran – 2011



**Mr. Reza Heidari, the chairman of TOA office in Tehran,
accompanied by Iranian champion Hossein Karimi and Amir Reza Feizi**



TOA national Team of Iran (Women) in Shiraz



From left to right master Bagher Mohammadi ,Iran' national team coach, Master Nazar zadeh, Master Garoosi, Champion of Mayana in 80 kg Amir Reza Feizi, the second ranked champion from Germany Taner Ucar, Babak Tawasooli, the coach of TOA National Team of Germany – 2011



The final fight in 82 kg between Amir Reza Feizi from Iran and Taner Ucar from Germany

World TOA Championship (Magana -82 Kg) Iran - Shiraz 2011-11-11
Taner Ucar (Germany) - Amir Reza Feizi (Iran)



Amir Reza Feizi, the first ranked champion of Mayana in 82 kg from Iran and the second ranked one Taner Ucar from Germany



The second ranked champion of Mayana in 82 kg from Germany Taner Ucar



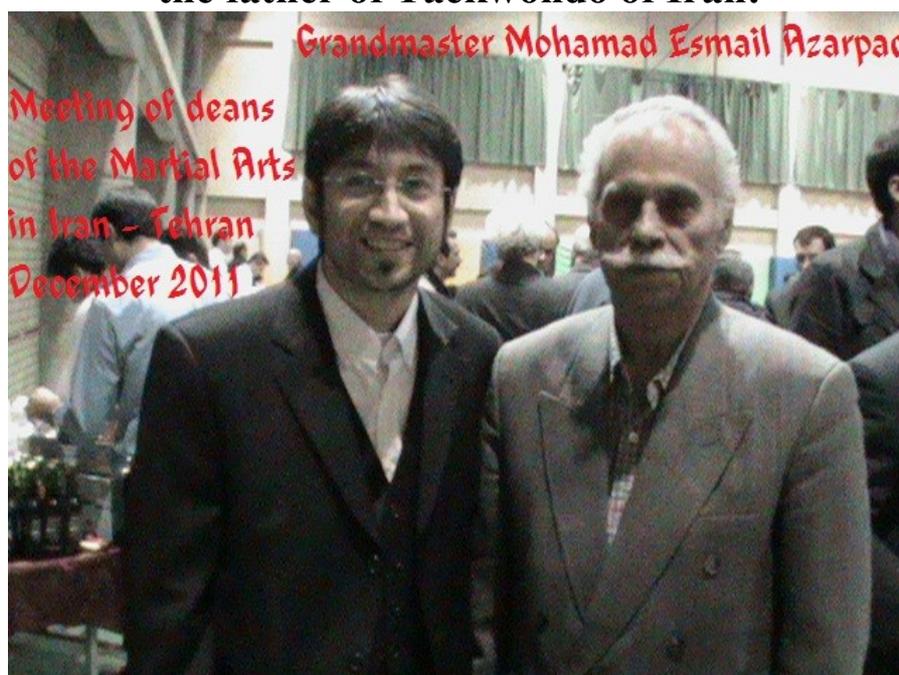
The third ranked champion of Mayana above 100 kg Johannes Haas from Germany



The Second Appendix

I was honored to be invited by the TOA federation of Iran in 2011 to participate in a big gathering of Martial arts (TOA, Karate, Taekwondo, Judo) for veterans to make acquaintance with known faces in Iran's Martial arts such as Grand Master Mohamad Esmael Azarpad, the father of Taekwondo of Iran, and Iran's great national champion Master Hadi Saei.

A brief talk on Grand Master Mohamad Esmael Azarpad, the father of Taekwondo of Iran:



I visited the grand master in different meetings such as the gathering of martial arts in Tehran, Taekwondo house in Tehran, and world championship of martial arts in Kish Island where he welcomed me with open arms.

Here, I would like to talk about the grand master briefly so that the young athletes come to know this gentleman.

Grand master Mohamad Esmael Azarpad was born in 1938 and is regarded as a pioneer in martial Arts of Iran who trained several students. He holds 8th Don of Taekwondo from ITF and is the founder of Taekwondo Associations of Iran and in the below you can find some of his priceless activities:

- the coach of pro-wrestling and Judo in Shojaat club in Eastern Tehran in 1961
- passing the course of Ranger with flying colours in England in 1967
- a member of national team of paratroopers and conquering the highest Mount of Iran
- receiving coaching certificate and black belt of Judo from police Academy in 1968
- starting learning the martial art of Taekwondo in 1970
- establishment of martial art academy and managing it in 1974

-receiving the second Don from ITF in 1975 and the third Don in 1977 who was the first Iranian Taekwondo practitioner received the third Don from ITF.

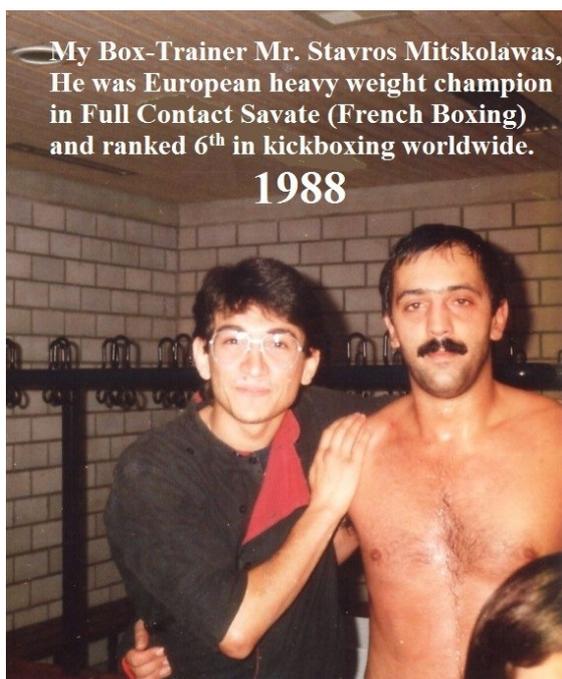
-Iran's national team coach in 1978

-receiving the international referring certificate from Germany

And also lots of other honours he received during his years of experience. Grand master Azarpad devoted his life to train students. We wish him good health and success in his life.

Iran's Great Champion Master Hadi Saei

Master Hadi Saei is Taekwondo Champion of the world and Olympics. Not only did he gained two gold medals and one Bronze medal in Olympics who is considered one of the best on the history of Olympics Games but because of his humbleness he is popular among people.



Books and DVDs published in Germany regarding the Iranian martial art of TOA



Babak Tawassoli ist einer der wenigen, der diese Kampfkunst komplett und in höchster Perfektion beherrscht. Er besitzt unter anderem im Judo und im ThaiKickboxen bereits Freizeitsportliche Berrang Erfahrungen sammeln und kann auf über 25 Jahre Kampferfahrung zurückblicken.



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KUNG FU TOA IN DEUTSCHLAND



Fähigkeiten, Aufbaumethoden und Schulpraktiken eines Genies, Vorkämpfers und Kämpfers mit Mut und Leidenschaft, Körperverehrung, Selbstverleugung, Bestehung der ersten Stufe von Kung Fu TOA

DER AUTOR DES ERSTEN BUCHES ÜBER "KUNG FU TOA" IN EUROPA
DEUTSCHER MEISTER (FREESTYLE) 2004

Babak Tawassoli



KUNG FU TOA
IN
GERMANY
BABAK TAWASSOLI

فعالیت های ورزشی در آلمان
آموزش خط یک آتاتوا
آموزش دفاع شخصی (مبتدی)
VCD



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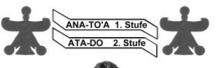


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Preis: 19,- €

Babak Tawassoli
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KUNG FU TOA 2



ANA-TOA 1. Stufe
ATA-DO 2. Stufe



Ausführliche Darstellung u. Erklärung der 1. u. 2. Stufe von Kung Fu TOA
DER AUTOR DES ERSTEN BUCHES ÜBER "KUNG FU TOA" IN EUROPA
DEUTSCHER MEISTER (FREESTYLE) 2004

Babak Tawassoli



Presentation 2010 Kung Fu TO'A in Germany Babak Tawassoli

KUNG FU TO'A
SCHOOL

© 2010 by B. Tawassoli min: 58 DVD 1



Babak Tawassoli ist einer der wenigen, der diese Kampfkunst komplett und in höchster Perfektion beherrscht. Er besitzt unter anderem im Judo und im ThaiKickboxen bereits Freizeitsportliche Berrang Erfahrungen sammeln und kann auf über 25 Jahre Kampferfahrung zurückblicken.



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KUNG FU TOA 3



SU-TO 3. Stufe



Ausführliche Darstellung u. Erklärung der 3. Stufe von Kung Fu TOA
DER AUTOR DES ERSTEN BUCHES ÜBER "KUNG FU TOA" IN EUROPA
DEUTSCHER MEISTER (FREESTYLE) 2004

Babak Tawassoli



Presentation 2010 Kung Fu TO'A in Germany Babak Tawassoli

KUNG FU TO'A
SCHOOL

© 2010 by B. Tawassoli min: 54 DVD 2



DER AUTOR DES ERSTEN BUCHES ÜBER "KUNG FU TOA" IN EUROPA
DEUTSCHER MEISTER (THAI-BOXEN 63 KG) 1987
DEUTSCHER MEISTER (SAYATE 63 KG) 1987
DEUTSCHER MEISTER (FREESTYLE) 2004

KUNG FU TOA IN DEUTSCHLAND

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KUNG FU TOA SCHULE

Institut für Körper- u. Geistestraining
Ausbilder u. Vertreter der B.M.T.J. & To'a Föderation
Babak Tawassoli 7. DAN

702 Kicks der 7 Stufen von TO'A



ein Überblick auf den Ablauf der 702 Kicktechniken und
ihren korrekten Anwendungsrichtungen der Sieben
Stufen (absolut unveränderlich) für Fortgeschrittene

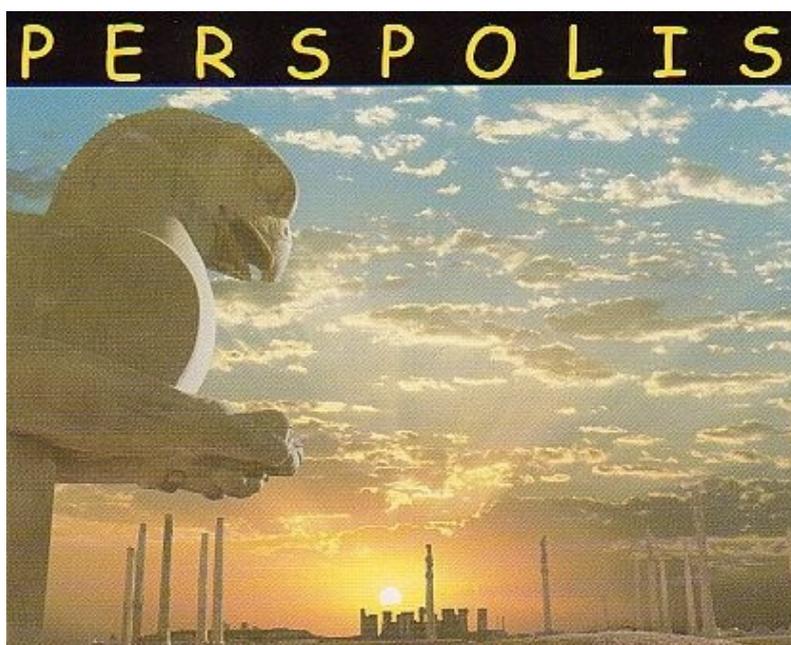
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7 Step of TO'A Kung Fu TO'A in Germany Babak Tawassoli

© 2006 by B. Tawassoli 88: min

In order to explain and teach TOA forms correctly in Germany we needed to prepare various books which will be accomplished in the near future.



**Once you come to know yourself
you reach a level where you may know GOD,
then “know yourself”**

(Persian Poem)

Long live peace and art in the world

TOA

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Email: babakt64@yahoo.de